



QUICK REFERENCE SESSION NOTES/BOOKMARK AND EXIT INTERVIEW

Date of Session: _____

Client Name: _____

Presenting Issue: _____

Feelings re Presenting Issue: _____

Is there a Benefit of Issue?: _____

Patterns (in client or family): _____

Fairytale Character: _____

Do you see a way forward: _____

What is your Soul's Yearning: _____

My Intention is to breakthrough: _____

Stone Key Aspect to help in the session: _____

Helper/s: _____

Sprid/Partial Sprid Present?: _____

(FOLD THIS SHEET IN HALF & USE IT AS A 'BOOKMARK' AS YOU READ DOWN YOUR NOTES DURING THE SESSION.)

Notes incl. the blockage & where, the scene description & the dynamic, etc. Write down the client's exact words where relevant: _____

EXIT INTERVIEW NOTES

Any Feelings after Session: _____

Any Insights during Session: _____

Any Insight re Moving Forward: _____

New Fairytale Character (or changed): _____

Stone Properties relating to Moving Forward: _____

Soul Work

Soul Work Suggestions by the Client's Helpers: _____

Soul Work Suggestions by Therapist: _____

Time in Nature _____

Their Stone as a Resource _____
